

THE BIBLE CHURCH, SINGAPORE

# GRIP

SPIRITUAL GROWTH INVENTORY AND PLAN



## 2. STUDIES AND APPLIES GOD'S WORD



TOOLBOX

# EVALUATION KEY

Score: 28–35

Wonderful! You are knowledgeable in the Word and know how to handle it well. You are also living out the truths of the Word in your life. Keep up your love for God's Word! Consider deepening your knowledge of the Word through courses, investing in Bible study tools and reading the Bible with a younger believer.

Score: 21–27

You have a fairly regular habit of reading God's Word, understanding what it means and applying it into your life. Time to go deeper! Consider using one of the resources to broaden your understanding and deepen your application of the Word.

Score: 0–20

Regular reading and understanding of God's Word is a growth area for you. Start small by getting into a regular habit of reading and reflecting on the Word. Use one of the resources below to guide you and get the process started.

## TOOLBOX

1.

**Meditate** on the following passages to appreciate the authority, purpose and value of the Scriptures:

**2 Timothy 3.16**

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness

### Hebrews 4.12

For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

### Psalms 19.7-11

The law of the Lord is perfect, refreshing the soul.

The statutes of the Lord are trustworthy, making wise the simple. The precepts of the Lord are right, giving joy to the heart.

The commands of the Lord are radiant, giving light to the eyes.

The fear of the Lord is pure, enduring forever.

The decrees of the Lord are firm, and all of them are righteous.

They are more precious than gold, than much pure gold; they are sweeter than honey, than honey from the honeycomb. By them your servant is warned; in keeping them there is great reward.

2.

**Download** an App to help you in your Bible reading, knowledge and devotional Life:

- **Bible Gateway** - Besides exploring different translations of the Bible, use this app to listen to the audio Bible (helpful when you are on the move), and to commit to a Bible reading plan.
- **YouVersion** - this user-friendly app contains a verse of the day you can meditate on, daily devotionals, and topical Bible reading plans (e.g. “Wonderfully Made”, “Who I am in Christ”).
- **Bible Project** - this useful app contains videos, podcasts, and visual summaries that help believers understand the message of each book of the Bible, and the Bible as whole.
- Scripture Memorization Resource (start with Psalms and Promises of God):  
<https://www.biblestudytools.com/topical-verses/gods-promises-verses-in-the-bible>

3.

**Use** various electronic resources with Bible reading plans, study Guides, resources or devotionals:

- **YouDevotion** - be blessed by classic, timeless devotionals and prayers.
- Journey Through website <https://journeythrough.org/> - devotionals that go through the Bible book by book.

4.

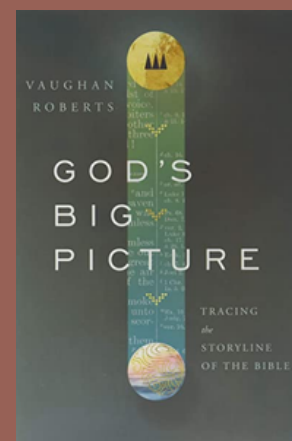
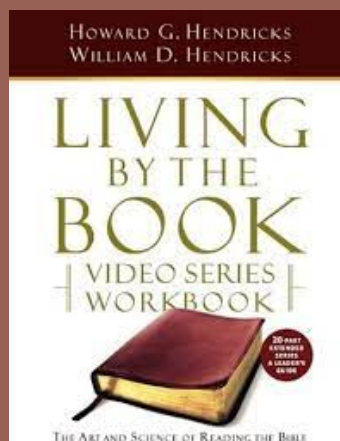
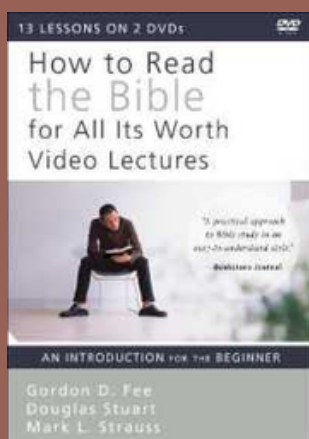
**Read** the Bible with Others:

- School of Discipleship (SOD) Module 3 – Scripture (usually March to May).
- Join a CG for Bible Study - **Email Ps Keet**
- Bible Reading 1-1 with another believer (consult CGL or church staff). Resources you may use: click [here](#)

5.

Books and Articles on how to read, interpret and apply Scripture:

1. How to Read the Bible for All Its Worth (Fee)
2. Living by the Book (Hendricks)
3. God's Big Picture: Tracing the Storyline of the Bible (Roberts)



# Suggested Bible Study plans:

## 1. Gospel of Mark (8 weeks)

Week 1: Mark 1.1-15

Week 2: Mark 2.1-12

Week 3: Mark 3.7-35

Week 4: Mark 8.22-38

Week 5: Mark 10.17-45

Week 6: Mark 1.53-15.15

Week 7: Mark 15.16-39

Week 8: Mark 15.42-16.8

Mark is a good book to start with if Bible reading is a new experience. If you are mentoring or leading a Bible study, it is a good practice to prepare some simple questions that will help the mentee observe and interpret the passage and apply it to their life.

## 2. John (Encountering Jesus, 6-8 weeks)

Week 1: John 1.29-34 John the Baptist Encounters Christ

Week 2: John 3.1-17 Nicodemus Encounters Christ

Week 3: John 4.5-42 A Samaritan Woman Encounters Christ

Week 4: John 8.1-11 A Woman Caught in Adultery Encounters Christ

Week 5: John 9.1-7 A Man Born Blind Encounters Christ

Week 6: John 12.12-19 The Crowd Encounters Christ

Week 7: John 19.1-16 (optional) Pilate Encounters Christ

Week 8: John 20.1-31 (optional) The Disciples Encounter Christ

[This series seeks to let the disciple uncover for himself just who is Jesus. A Bible study guide for John is available to augment this study.]

### 3. Romans (8 weeks)

#### I. The Heart of the Gospel: Justification by faith (Romans 1.18-4.25)

Week 1: Rom 1.8-2.16      God's wrath and judgment against humanity

Week 2: Rom 3.21-31      God's righteousness through faith alone

#### II. The Assurance from the Gospel: The hope of salvation (Rom 5.1-8.39)

Week 3: Rom 5.1-21      Justification & the reign of grace

Week 4: Rom 6.1-7.6      Freed from sin to serve righteousness

Week 5: Rom 8.1-17      Our life in the Spirit

Week 6: Rom 8.18-39      Our hope and security

#### III. The Transforming power of the Gospel: Christian Conduct (Romans 12.1-15.13)

Week 7: Rom 12.1-13.7      Transformation and our relationships

Week 8: Rom 13.8-15.13      Love and unity

[Romans is profound and excellent for spiritual youths or adults to deepen their understanding and appreciation of the Gospel of Jesus Christ. Devotional and Bible study guides for Romans are available to augment this study.]

### 4. Genesis (Life of Abraham)

Week 1: Genesis 11.27-13.2      God's call, faithfulness despite man's faithlessness

Week 2: Genesis 13.3-14.24      Problem of sight over faith

Week 3: Genesis 15.1-16.16      God's way vis-à-vis man's ways

Week 4: Genesis 17.1-27      God's everlasting grace

Week 5: Genesis 18.1-33      The contrast of faith

Week 6: Genesis 19.1-29      God's grace despite mankind's wickedness

Week 7: Genesis 21.1-21; 23.1-20      The Promise of seed and the land

Week 8: Genesis 22.1-19      Abraham tested

[Genesis (Life of Abraham) is an interesting study to help us appreciate God's salvation plan in the Old Testament through the life of Abraham. Further, it is good material to understand how to read a narrative book. A Bible study guide for Genesis is available from the church office to augment this study.]

## 5. Ephesians (8 weeks)

Week 1: Ephesians 1.1-14	Blessed!
Week 2: Ephesians 1.15-23	Knowing God and his power
Week 3: Ephesians 2.1-22	No longer the same
Week 4: Ephesians 3.1-21	Unity and the love of Christ
Week 5: Ephesians 4.1-16	Seeking to unite, build and mature
Week 6: Ephesians 4.17-5.20	Put off and put on
Week 7: Ephesians 5.21-6.9	Living as Spirit-filled people of God
Week 8: Ephesians 6.10-24	Be alert, equipped and prayerful!

[Ephesians is a great study to understand our spiritual formation and its outworking. Devotional and Bible study guides for Ephesians are available from the church office to augment this study.]

## 6. James (8 weeks)

Week 1: James 1.1-18	Trials & Temptations
Week 2: James 1.19-27	Doing the Word
Week 3: James 2.1-13	Favouritism
Week 4: James 2.14-26	Faith & works
Week 5: James 3.1-18	Tongue taming & true wisdom
Week 6: James 4.1-17	Fights and quarrels & living under God
Week 7: James 5.1-6	Wealth; rich and poor
Week 8: James 5.7-20	Patience, prayer & turning back a sinner

[The letter of James is a very helpful book to explore the practical expressions and implications of a genuine faith that is in Christ. A Bible study guide for James is available from the church office to augment this study.]

