

## RELATIONSHIP MATTERS: LIFE AFTER LOSS

*Psalm 34:18*

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Psalm 34:18: "The LORD is close to the brokenhearted and saves those who are crushed in spirit."

1. The reality of loss
  
2. The 5 stages of grief
  - denial
  - anger
  - bargaining
  - depression
  - acceptance
  
3. Stage 6: Finding meaning
  
4. Learning to live without...
  
5. Helpful help
  
6. The loss of divorce
  
7. Preventive medicine